



Heim Family & Friends

Berks Heim Nursing and Rehabilitation

Resident and Employee Newsletter

May 2024

May 2024



*Radiant
Memories*
A TRIBUTE TO THE GOLDEN AGE OF RADIO



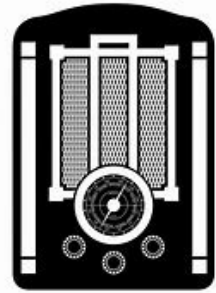
NATIONAL SKILLED NURSING CARE WEEK® • MAY 12-18, 2024

#NSNCW • nsncw.org

COMING SOON TO AN AUDITORIUM NEAR YOU!!!

MARK YOUR CALENDAR FOR THESE IMPORTANT DATES

National Skilled Nursing Care Week
May 12, 2024 to May 18, 2024



Sunday—May 12

2:30 Mother's Day Tea

Monday—May 13

10:00 Movie—"Annie"

2:00 Talent Show

7:00 Quiz & Game: Old Time Radio Shows

Tuesday—May 14

10:30 Radio Memories: "Amos & Andy"

2:30 Radio Announcer

Wednesday—May 15

10:30 Radio Memories: "Father Knows Best"

2:30 Sock Hop

Thursday—May 16

10:30 Radio Memories: "Ozzie & Harriet"

Friday—May 17

10:30 Radio Memories: "The Great Gidersleeve"

2:30 Heim Malt Shop

Saturday—May 18

10:30 Radio Memories: "Fibber McGee & Molly"



National Human Resources Day
May 20, 2024



May 20 is National Human Resources Day. Please stop by and thank the best Human Resources team in the Area: Lyn Kitchenoff, Stacy Feltenberger and Marguerite Kline for everything they do for all of us.



COMING SOON

Just like the beautiful weather: Food Trucks are returning to our campus. See June's list below.

June

- 6/7 The Angry Pear 11-3
- 6/14 Pip and Lily's Tater Tots 11-3
- 6/21 The Perk Up Truck 8-10
- 6/28 Wich Way Sandwiches 11-3

The above vendors and dates are subject to change



"CAN YOU SPY".....WITH YOUR LITTLE EYE
"LILLY OF THE VALLEY"



COUNT HOW MANY YOU SPY (ANSWER - PAGE X)



Volunteer Appreciation Luncheon April 26, 2024

This year's Volunteer Appreciation Luncheon was a wonderful way for the staff of Berks Heim to honor our priceless Volunteers. The time, service and heart they dedicate to residents and staff all year long is valued beyond measure.

Whether it's Transporting to Activities, Pet Therapy, Book Club, Visiting One on One, VSB for their generous donations to the facility. Our Volunteers do so with a smile and heart with our Residents' welfare in mind. Thank you again for all you do!!



In case you missed it.....



Marion Stephenson, A3 celebrated her **100th Birthday** on April 6 with the help of her Daughter, Son-in-law and three great-granddaughters.

Congratulations Marion! Here's wishing you many happy birthdays!



The Hebron Youth Chorus

lifted their beautiful voices in song for the residents on the evening of April 11, 2024.

Thank you to this great group of young people for donating their time and melodic voices.



Randy Crossley of B-1 asked to be **Baptized** into the Catholic Faith.

On April 11, 2024, he was baptized by a priest from St. Ignatius and volunteers from our weekly Rosary service.





Sun

Mon

Tue

Wed

Thu


Fri

Sat

Legend:

A - Auditorium
C - Chapel
***Denotes Club*-**
If you have interest in joining a club or have questions, please see your Activity Therapist



			1 2:30-Color My World* (A)	2 10:30 Rosary (C) 2:30 Resident Council (C)	3 10:30-Music in Motion* (A) 7:00-20 Questions (A)	4 10:30-A Month in Review (A/C) 2:30-Physical Games (A/C)
5 2:30 - Protestant Service (A/C)	6 10:30-Parachute Exercise (A/C)	7 10:15 - Devotions (C) 2:30-Game Lounge* (A)	8 10:30 -Book Club*(A) 2:30—Bingo (A/C) 7:00—Finish the Lyrics (A/C)	9 10:00-Gentlemen’s Club* (A) 10:30 Rosary (C) 2:30-Djembe Drum* (A)	10 10:30 - You be the Judge* (A) 2:00-Cooking Club* (A) 7:00 - Salvation Army (C)	11 10:30-Whoga Yoga* (A) 2:30-Survey Says (A/C)
12 2:30-Mother’s Day Tea (A) 2:30 - Protestant Service (C)	13 10:00 -Movie Annie(A/C) 2:00-Talent Show (A/C) 7:00-Quiz & Game Old Time Radio Shows(A/C)	14 10:15 - Devotions (C) 10:30-Radio Memories (A) 2:30-Radio Announcers (A/C)	15 10:30 Radio Memories (A/C) 2:30-Sock Hop (A/C)	16 10:30 Radio Memories (A/C) 10:30 Rosary (C) 2:30 - Berks Encore Chorale Singers (A/C)	17 10:30 - Radio Memories (A/C) 2:30-Heim Malt Shop (A/C)	18 10:30 Radio Memories (A/C) 2:00-Movie—Grease (A/C)
19 2:30 - Protestant Service (A/C)	20 10:30 –Pom Pom Exercise (A/C) 2:30-Master Minds* (A)	21 2:30 Dice Club* (A) 6:45 -Dove Dancers (C)	22 2:30-Craft Club* (A)	23 10:30-Rosary (C) 2:30-Male Gathering*(A)	24 10:30-Fun Fitnesscize* (A) 2:30 -Memorial Day Service (A/C) 6:00-Movie Night (A/C)	25 10:30 Taster’s Choice* (A) 2:30-Jeopardy(A/C)
26 2:30 - Protestant Service (A/C)	27 2:30-HOLIDAY FUN (A/C) 	28 10:15 - Devotions (C) 2:30-Card Club*(A)	29 7:00-Name that Tune (A/C)	30 10:30 Rosary (C) 2:30-Red Hat*(A)	31 10:30-Fun Fitnesscize*(A) 7:00-Battle of the Sexes (A/C)	

ALL EVENTS AND/OR TIMES ARE SUBJECT TO CHANGE

Welcome New Admissions

A-1 Carsonia Court

Judith Deimler

Thelma Kantner

B-1 Market Square

B. Arlene Clouser

A-2 Pretzel City

Alyce Belles

Arleigh Hegarty

Catherine Koestel

Essick Commons

Gary Adams

Kathleen Kahl

Shirley Walters

Happy May Birthdays

***B. Arlene Clouser.....May 1**

Darlene Degler.....May 1

Jane Bieber.....May 3

Betty Sterner.....May 3

Dorothy Badway.....May 4

Jane Brubaker.....May 4

Doris Showers.....May 6

Stella Gajewski.....May 8

Jean Reinhold.....May 9

Grace Hooper.....May 10

Mae Merkel.....May 10

Peggy Harshaw.....May 13

Mary Hatton.....May 14

***Betty Becker.....May 15**

Helen RothenbergerMay 18

Betty Heimbach.....May 20

Geraldine Bruder.....May 21

Helen Smolkowicz.....May 22

Thelma Bates.....May 24

Jeffrey Merkel.....May 24

***Margaret Messner.....May 25**

***Matilda Wasser.....May 25**

James Fox.....May 25

Betty Miller.....May 26

Erica Royko.....May 27

Jean Buller.....May 28

Rosemarie Kloski.....May 31

Kathleen Schollenberger.....May 31

Denotes Centenarian

May Birthstone: Emerald

Stone of successful love;
Represents great loyalty,
integrity and compassion



May Astrology Signs

Taurus



Gemini



Flower of May: Lily of the Valley

Sweetness and purity



- Noah Abraham
- Rachel Roth
- Elyssa I. Santiago
- Diana Shefton
- Michelle Strong
- Angela Vazquez
- Aaniyah Welmaker

EMPLOYEE ANNIVERSARIES

5 YEARS

Lamar Gulley

10 YEARS

Rebecca Chambers

Rebecca Boyer

Jonite Jeanie

Sumesla Batista

15 YEARS

Heather Gehring

25 YEARS

Sherry Kapustka-Rineer

35 YEARS

Carmen Colon



Did you know?

Observance Days in May

- 1 – May Day
- 4 – Day of Prayer
- 4 – Star Wars Day
- 5 – Cinco de Mayo
- 9 – Lost Sock Memorial Day
- 11 – Dog Mom's Day
- 14 – Mother's Day
- 15 – Bring Flowers to Someone Day
- 16 – Love a Tree Day
- 19 – World Baking Day
- 21 – Take Your Parents to the Playground Day
- 23 – World Turtle Day
- 26 – Paper Airplane Day
- 28 – Burger Day



May History Highlights

1st—May Day marks the beginning of summer by weaving floral garlands and dancing around a Maypole.

4th-Star Wars Day, informal celebration of the Star Wars Media franchise.

5th-Cinco de Mayo celebrates Mexico's victory over the Second French Empire at the Battle of Puebla in 1862.

8th-VE day 1945 commemorates the formal acceptance by the Allied Forces of WWII. Germany's unconditional surrender of its' armed forces.

15th-Las Vegas was founded in 1905 after the opening of a railroad that linked Los Angeles CA and Salt Lake City UT attracting farmers to the area.

27th-Memorial Day (original **Decoration Day**) is a federal holiday for honoring and mourning US military personnel who died while serving in the US Armed Forces.



National Skilled Nursing Care Week

W H J N E X F Y S T N E I T A P H M E S U S D E
 S K R I F Q D F Z H R U G E R A U C M A Q N E T
 T J B I T Z I V C W B M N I W W I M X L R G Q N
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 E X B P T R T K W X B I S L F C T C I X L F G T
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 E P X V H S U P P L I E S V G Q C V D D N W J D
 G N I P E E K E S U O H F E N N W A M A I G X A

awesome
 heroes
 patients
 teamwork
 therapy
 administrativeassistant
 supplies
 socialservices
 laundry

wonderful
 fun
 residents
 epic
 admissions
 maintenance
 humanresources
 nursing
 housekeeping

stories
 smiles
 family
 medicalrecords
 businessoffice
 lifeenrichment
 scheduling
 dietary
 Dimondale

Chaplain's Good News for May!

By Chaplain Kerry Hicks

Communion Part I

In our last installment we read about **Passover & Seder**. Now, we will move onto **Communion**. This will be the first of two parts regarding communion. Passover this year began at sundown on Monday, April 22.

Communion originated at the **Seder**; or came out of this celebration also referred to as the last supper. When taking Communion, we are renewing our covenant relationship with our **Heavenly Father**, each of us saying in effect, **“everything I have is yours.”**

Cup 1. *I will bring you out from under the burdens of the Egyptians.* This is the promise to remove the children of Israel from their bondage of heavy labor. This first cup of wine is called the Kiddush, meaning the sanctification. Since the Seder is a family gathering, the Kiddush sanctifies the family table so the table can serve as the family's altar for the evening's celebration. This was the cup that **Jesus** drank in **Luke 22:17** and the blessing **He** said in Hebrew as **He** gave thanks is translated **“Blessed are You, LORD our God, King of the Universe, Who creates the fruit of the vine.”** This is the same blessing said in the Kiddush today in Jewish homes and synagogues around the world.

Cup 2. *And I will rescue, deliver, you from their bondage...* tells of the exit from Egypt, from the slavery. Some translations say **“I shall save...”** but deliverance is the primary meaning of the Hebrew and for Christians this is an interesting parallel that should be in the walk of each of us. As each receives the promise to be taken out of bondage and receives salvation by faith, the next step should be deliverance from all that bondage. Very few churches come through with deliverance, with the result that church after church is filled with the walking wounded. This is a cup that we surely need. This cup is drunk during the meal and represents our walk at this time. The blessing over the meal is what **Jesus** would have said in **Luke 22:19, Blessed are You O LORD our God Who is bringing forth bread from the earth.**

Cup 3. *I will redeem you with an outstretched arm and with great judgments...* Redemption came to Israel when they walked through the Red Sea. The only redeemer in Hebrew is the kinsman redeemer, the one who pays the price to redeem his kin. This is the cup that Jesus drank in **Luke 22:20** when He said that this was the Renewed Covenant in His blood. Each time we take communion we are renewing our covenant with the **King of the Universe**.

Source: ONMB – Rev. William J. Morford

Shalom to one and all,



Things That Make You Go Hmm...

By Andrea Riegel

There are more plastic flamingos in the United States than real ones.

A mosquito's saliva acts as an anesthetic so you usually don't notice when one is biting you.

Every year, dogs kill more people in the U.S. than great white sharks have in the past one hundred years.

California, Virginia, Pennsylvania, New York, and Texas are the five states with the most reported hauntings.

According to L. Frank Baum's novel, *Dorothy and the Wizard of Oz*, the Wizard of Oz's full name is Oscar Zoroaster Phadrig Isaac Norman Henkle Emmannuel Ambroise Diggs.

The National Confectioners Association has found that three out of four people eat the ears of a chocolate Easter bunny first.

There are seventy-one streets in Atlanta with *Peachtree* in their name.

LEGO has a temperature-controlled underground vault in Denmark that contains one of virtually every set they've ever made.

Berks Heim Family & Friends

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How Many Did You Spy?

I Spy Answer : There are 12

Lily of the Valley.