

Join family and friends for a fun bike ride through West Reading and the surrounding area. The ride is approximately 6 miles and will take about an hour to complete.

WEEK RIDE

Form workplace teams now for a chance to win prizes!

Friday, May 19 WHEN

Registration: 6:30 a.m.

Ride: 7 a.m.

RAIN OR SHINE!

WHERE Start and end at Reading Hospital,

7th Avenue parking lot at Scottish Rite

Cathedral parking lot.

Must be 18 years or older. Bicycles and **INFO**

helmets are required to participate. Refreshments and snacks are available for participants before and after the ride.

For more information, please visit

TowerHealth.org.

Thank you to the West Reading Police Department, and Reading Police Department for their support of the Bike to Work Week Ride.



TOWER HEALTH Advancing Health. Transforming Lives.





Please note: Event participants are responsible for their own safety while on the road.